



INTERNATIONAL LACTATION CONSULTANT ASSOCIATION

## 2009 Conference & Annual Meeting

July 22-26, 2009 · JW Marriott Orlando, Grande Lakes · Orlando, Florida, USA

*Relating Evidence  
to Practice:  
An International  
Perspective*

Dear ILCA Conference Attendees,

We are pleased that you will be joining us for ILCA's 2009 Conference & Annual Meeting in Orlando, Florida, USA! The following information will assist you as you prepare for your trip. *A copy of this email will also be available on the ILCA website in the 2009 Conference section.*

### **Hotel and Travel Information:**

JW Marriott Orlando, Grande Lakes  
4040 Central Florida Parkway  
Orlando, FL 32837 USA  
Phone Reservations: 800.576.5750  
Website: <http://jw-marriott.grandelakes.com/>

### **The JW Marriott Orlando, Grande Lakes**

The hotel transports guests to a place of unsurpassed serenity and beauty, including: access to Ritz-Carlton Golf Club and Spa; Lazy River outdoor heated pool; and a wealth of unique and varied dining options. Visit <http://www.grandelakes.com/> for additional information!

The deadline for the discounted room rate is **July 10th**. Please be sure to tell the hotel that you are attending the ILCA Conference in order to receive the special US\$155 single/double discounted room rate. The group code is ILAILAA, and the discounted room rate will be available to ILCA attendees for room stays between July 19-28<sup>th</sup>, 2009. Click [here](#) to make online reservations.

ILCA Attendees will receive a 15% discount at the [Ritz Carlton Spa](#) on any services booked. Please visit the Conference page on the ILCA website for a Treatment Request Form and Spa Group Info (including group fitness classes and spa seminars).

The JW Marriott Orlando, Grande Lakes is located at 4040 Central Florida Parkway, approximately 10 miles SW of the Orlando International Airport (MCO). For special Conference rates on car rentals, please contact Avis at 800-331-1600 and use ILCA's Avis Worldwide Discount (AWD) number B159234, or go to <http://tinyurl.com/ILCAAVIS>, a site especially for ILCA Conference attendees. This discount is available seven days before and seven days after the Conference. Self-serve and valet parking are both available at the JW Marriott. For more information regarding transportation and driving directions, please click [here](#) and look under "Hotel & Travel".

The JW Marriott Orlando, Grande Lakes is conveniently located near Universal Orlando®, SeaWorld®, Walt Disney World® and other exciting local attractions. Please visit the in-house concierge for face value tickets to Sea World®, Wet n Wild® and Aquatica®.

The in-house concierge can also make your travel arrangements for a Mears® shuttle or you may visit <http://www.mearstransportation.com/> to make your own reservations.

### **Families and Babies**

ILCA is committed to an environment conducive to learning for all Conference attendees. Quiet infants-in-arms and non-separating children are welcome. As a courtesy to other participants, we ask that the needs of restless babies and children be met outside the meeting room. In order to fully participate in the educational sessions, some mothers find it easier to bring a support person to the Conference to provide care for their children outside the meeting rooms. Childcare is also available through the Ritz Kids Club, located within the Ritz Carlton connected to the JW Marriott. Feel free to contact them for rates and additional information at 407-393-4977 or [ritzkids.orlando@grandelakes.com](mailto:ritzkids.orlando@grandelakes.com).

### **ILCA Conference Information**

#### **Registration Desk Hours- Mediterranean Ballroom Foyer**

Tuesday, July 21<sup>st</sup>..... 6:00 – 9:00pm  
Wednesday, July 22<sup>nd</sup>..... 7:00am – 6:00pm  
Thursday, July 23<sup>rd</sup>..... 7:00am – 6:00pm  
Friday, July 24<sup>th</sup>..... 7:00am – 6:00pm  
Saturday, July 25<sup>th</sup>..... 7:00am – 6:00pm  
Sunday, July 26<sup>th</sup>..... 7:00am – 4:00pm

Plan to allow sufficient time to check-in at the Registration Desk and receive your personalized registration packet before sessions begin. Each registered attendee will receive a name badge, which will serve as your official pass and meal ticket. It must be worn to obtain entry to all sessions, the exhibit hall and all other functions. To assist with your arrival you can view the floor plan [here](#).

#### **Sessions and Meeting Times**

Below are the general times for Conference sessions. You will receive a finalized program agenda with your on-site registration materials with room locations for all sessions, meetings, meals, and activities. Continental breakfast will be served from 7:00-8:00am Wednesday through Sunday, please bring your name badge with you. A message board will be located near the Conference Registration Desk for your use. Please check it regularly for messages and updates.

Wednesday, July 22<sup>nd</sup>..... 8:00am – 3:30pm  
Thursday, July 23<sup>rd</sup>..... 8:00am – 5:30pm  
Friday, July 24<sup>th</sup>..... 8:00am – 6:00pm  
Saturday, July 25<sup>th</sup>..... 8:30am – 6:00pm  
Sunday, July 26<sup>th</sup>..... 8:00am – 3:30pm

### **Conference Handbook Format**

Out of respect for the environment, costs and your limited luggage space, all Conference content will appear in one publication. This handbook will be a “condensed” version - containing the objectives and outline/abstract for each author’s submitted materials. The presentations and handouts will also be available on the ILCA website for registered attendees the first week in July. As soon as the Conference Presentations/Speaker Materials webpage is live, you will receive an email with the special “hidden” link. You may wish to print copies of presentations for your sessions before you arrive. Alternatively, if you bring your laptop, you can insert the CD and follow the presentations electronically.

### **Audio Taped Sessions**

Plenary sessions and concurrent sessions will be audio-taped. These recordings will be sold on-site by *Repeat Performance*, and additional ordering information will be available on the ILCA website in September. No personal taping or photography of sessions is permitted. Anyone caught violating this may be asked to leave the Conference.

### **Exhibit Hall Hours**

***\*\*Be sure to visit the Exhibit Hall on Wednesday, July 22 from 7-9pm. The Opening Reception will feature 90 booth spaces, dessert, refreshments, and coffee. \*\****

Wednesday, July 22<sup>nd</sup> (Grand Opening Reception) ..... 7:00-9:00pm

Thursday, July 23<sup>rd</sup> ..... 7:00-10:30am, 12:30-4:00pm

Friday, July 24<sup>th</sup> ..... 7:00-10:30am, 12:00-2:30pm, 3:30-5:30pm

Saturday, July 25<sup>th</sup> ..... 7:00-11am, 1:00-2:30pm

### **ILCA Central**

ILCA’s information booth and Bookstore will be centrally located in the exhibit hall. When you enter it will be to the left, near the Research and Project Posters. You are encouraged to stop by the ILCA booths to learn more about your professional association and see the resources available for purchase through ILCA.

### **Committee Meetings**

Conference attendees are invited to attend Special Interest Groups (SIGs) and Committee Meetings that take place during Conference week. If you plan to attend a Committee Meeting, please contact the committee chair as a courtesy to let the committee know you will be present at the meeting. You are welcome to observe but not take part in the meeting. Conference week is the time many ILCA committees need to accomplish a lot during their meeting time. Click [here](#) to locate contact information for all ILCA committees. The final program will contain the days and times of meetings.

### **Volunteers**

If you have signed up on your registration form to volunteer at the Conference, you will be contacted by our Volunteer Coordinator, Terriann Shell. Please plan to attend one of the volunteer orientation meetings on Tuesday, July 21<sup>st</sup> from 5:00-6:00pm or Wednesday, July

22<sup>nd</sup> from 4:00-5:00pm. If you did not sign up and are interested in volunteering, please email [liz@ilca.org](mailto:liz@ilca.org).

### **Conference Meals**

Meals during the Conference are for paid attendees only. Your name badge is your official meal ticket. If you have selected Vegetarian, Gluten-Free or Kosher, individual tickets will be included in your on-site registration packet. If you have friends or family who would like to attend a meal function, tickets will be available on-site.

The JW Marriott hosts a variety of restaurants, including Italian, American cuisine, sushi and a poolside bar and grill. Next door at the Ritz Carlton, enjoy a steakhouse or European Cuisine with Latin and Caribbean recipes. Please click [here](#) to view the JW Marriott's and Ritz Carlton's on-site restaurants.

Visiting Orlando in July will be very hot and humid! However, meeting rooms can be cool, so bring a jacket or sweater for sessions. If you will be venturing outside the hotel, be sure to pack lightweight clothing and items to protect you from the sun and rain. Make sure you leave room in your suitcase for souvenirs, drink plenty of water and don't forget to wear sunscreen!

I hope this information is helpful! If you have any additional questions before you leave for the Conference, please feel free to contact me at [liz@ilca.org](mailto:liz@ilca.org). We look forward to seeing you in Orlando!

Sincerely,



Liz Koroly  
*Int'l Lactation Consultant Association*  
Project Coordinator

[www.ilca.org](http://www.ilca.org)  
[liz@ilca.org](mailto:liz@ilca.org)

### **IMPORTANT REMINDERS and INFORMATION**

- ✓ Reserve Hotel Room – ILCA rate will expire July 10th
- ✓ Preview/Print Presentation Materials – Online access open first week of July
- ✓ Read Additional Information about the Conference and JW Marriott – visit [www.ilca.org](http://www.ilca.org), under the “Events” tab click *ILCA Conference*